

## Skill Sheet 5-I-8

**Objective 28:** Exit a constricted opening while wearing standard SCBA. (*NFPA® 1001, 5.3.9*)

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### Directions

For this skills evaluation checklist, students will practice exiting a constricted passage while wearing SCBA. Students must be familiar with the specific SCBA that your department uses. Remind students to always follow the instructor's directions and all safety procedures of your organization. You should give students a scenario that forces them to pass through a restricted opening to exit a hazardous atmosphere. This is an extreme situation and is meant to teach students the ability to call a mayday and attempt to rescue themselves. Remind students to remain calm, think about their options and slowly negotiate obstacle.

This is a skill that is simulating extreme conditions. Some manufacturers do not recommend loosening parts of the SCBA harness or removing the backpack completely.

For the purposes of this skill it is recommended that a standard stud wall be used to teach this skill. The studs should be spaced 16 inches (406 mm) on center. Have the students pass through this type of opening to practice this skill.

### Equipment & Materials

- Full protective clothing and SCBA for two firefighters
- Handheld radios
- Obstacle course with constricted passage/exit

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**Criteria & Evaluation Comments**

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Criteria (determined by the AHJ)

*After the candidate has completed the skill sheet, write comments below.*

Evaluator/Candidate Comments

Pass

☐

Fail

☐

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Evaluator Signature

Date

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Student Signature

Date

## Skills Evaluation Checklist

**Objective 28:** Exit a constricted opening while wearing standard SCBA.

Task Steps		Yes	No
1.	Don personal protective clothing and SCBA before entering hazardous atmosphere.		
2.	Enter and negotiate obstacle course to the narrow passage or constricted exit. a. Maintain contact with wall or guideline/hoseline and team member (loud and clear communications). b. Lead team member: Feel ahead with hand and tool.		
3.	Reduce profile and attempt to pass through restriction.		
4.	If unable to pass, notify Command of situation. a. Call a Mayday and communicate with Command: (LUNAR) location, unit, name, assignment, resources needed. b. Activate PASS device in "alarm" mode after communicating with Command.		
5.	If unable to pass, loosen parts of the SCBA harness or remove backpack completely as necessary.		
6.	Pass through restricted opening while maintaining protection of full PPE.		
7.	Place SCBA back in correct position.		
8.	Exit hazardous atmosphere and notify Command when safe.		
9.	Doff SCBA and PPE when clear of hazardous atmosphere.		